



Concussion In Sports

WHAT YOU NEED TO KNOW



2010 – 2011 NFHS Rule Book Changes on Concussion

Portion to go into the rules section and replace current language:

Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health-care professional. (Please see NFHS Suggested Guidelines for Management of Concussion).

Approved by NFHS Sports Medicine Advisory Committee – October 2009

Approved by the NFHS Board of Directors – October 2009